



Northern Beaches Interchange

Respite Recreation Support

October 2008 – Issue 7

Welcome to the NBI Board 2008/2009!

I am delighted to welcome the returning and new members of the Board of Management for 2008/2009. The following members were elected at the AGM held on 22 September 2008 :

Andrew Miller	Acting President Public Officer	Consumer Representative
Robyn Kneebone	Vice President	Consumer Representative
Rebecca Isaacs	Treasurer	Community Representative
Margaret Kerr	Secretary	Community Representative
Kay Koenig	Board Member	Consumer Representative
Jane Hauser	Board Member	Community Representative
Judith Blayden	Board Member	Community Representative
Tracey Keene	Board Member	Community Representative
Jenny Walsh	Board Member	Community Representative

I look forward to working closely with the Board in the coming year.

Carolyn McKay
Manager

Northern Sydney Coordinated Respite Project - RIAP

A new system for allocating flexible respite places is being introduced across Northern Sydney in 2009. Families will have one number to call to apply for flexible respite places commencing 1 July 2009.

Applications for the 2009/2010 financial year open on Monday, 2 February 2009 and close on Friday, 6 March 2009.

RIAP staff will be available to take your call from 9am - 4pm Monday to Friday.

**RIAP Intake Line
Ph: (02) 9841 9354**

All NBI families should have received a letter with details of the new process. If you have any questions or concerns, please call NBI or the RIAP Intake Line.

NBI Christmas Card Appeal

We are delighted to announce the launch of a range of beautiful Christmas cards. Local artist, Gail Caple, has generously donated the artwork.

By purchasing these Christmas cards you will be supporting NBI to provide much needed services for local families.

Please download the order form and fax, mail or email it to NBI.



[NBI Christmas Cards 2008](#)

Extra Support for Teenagers during school holidays

NBI is delighted to confirm that we were successful in receiving funding from FaCHSIA for a school holiday program for teenagers 12-18 years with a disability. This enables us to build on the foundations of the TAG program to offer up to 12 places per weekday during 9 weeks of school holidays. The new funding also enables us to look at the possibility of more flexible hours where this is identified as a need and to offer the opportunity for teenage siblings to attend some activities.

Siblings Day, October 2008 by Jess Kristevic

The day began in perfect style with a beautiful sunny sky and not a cloud in sight. 21 excited children aged 8-13 turned up at the NBI car park to jump on the bus and head into the big smoke. We began the day by driving to a hall in Camperdown where we had morning tea. After morning tea we played some games to warm up and get to know each other a bit better. We then had discussions about the experience of having a brother or sister with a disability and the positives and challenges that may arise from this. Everyone contributed to the discussion and it was really fantastic to see everyone supporting each other.



We ordered pizzas for lunch and then it was off to the Circus at Glebe Street's Scholastica's College. The Circus really was the highlight of the day and everyone got into the activities and performed them in true circus style! We completed stilt walking, plate spinning, hula hoops, juggling, rope climbing and the favourite of the day . . . aerial trapeze! Thank you to everyone who came along on the day and made it such a great one. I look forward to seeing you all again at the next one.

A massive thank you to **Virginia Norman** and **Karen Young** for their wonderful work in preparation for and during the day. I could not have done it without them.

Special mention must also go to **Catherine Scott** from Northern Sydney Carers Respite Centre for funding the day through her Young Carers Project. We really appreciate NSCRC's support of such a worthwhile and necessary day.



STAFF NEWS

Congratulations to Liz!!!

Congratulations to Liz Jewell on the birth of her son!

Liz, partner Dan and son Kiah welcomed the new addition to their family on Sunday, 19 October 2008.

The new baby weighed in at 9lbs and is 55cms long. Liz and baby are doing well and had only a short overnight stay in Manly Hospital.



Liz and Dan are still deciding on the perfect name for their son and will let us know as soon as they have decided.

We wish them all the very best and look forward to meeting the new baby.

Virginia Norman is taking over as Host Coordinator

Hello! As you may be aware, our Host Coordinator, Liz Jewell, is currently on maternity leave (see above!) and I will be standing in for her during this time. I have previously worked on the Host Program and also on the Saturday Program. I have already met some of our wonderful Hosts and also some of our Host consumer families and children. I will be working part-time (Tuesdays and Wednesdays). I would love to hear from you so if you have any concerns, questions or just want to call to catch up and have a chat, please contact me on 9970 0506 or leave a message on my Voicemail and I will return your call.

Virginia Norman

Donate to NBI Online

It is now possible to donate to NBI online! Check it out at www.nbi.org.au.

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