



National Volunteers Week 2009
“Volunteers : Everyday People, Extraordinary Contribution.”

11-17 May was National Volunteers Week and we at NBI would like to take this opportunity to recognise the contribution made by our volunteers every day.

We would like to acknowledge the important role played by our volunteers and say thank you for every hour you have given over the past year.

Over 50 volunteers (individuals, couples, whole families) collectively give hundreds of hours per month.

Each volunteer involved and every hour given makes a significant difference to the families that use our services.

There are a variety of ways volunteers contribute at NBI.

A huge THANKYOU to:



- The members of our *Board of Management* for giving your time and expertise.
 - Our wonderful *Host Carers* for giving time every month to provide care for children and to support their families.
 - The great team of *Saturday Program* volunteers for giving a day every month to support staff and children in program activities.
 - Our *Peer Support Program* volunteers for giving hours of your time to provide social support to teens and young adults with disabilities.
 - Luke and Andrew for all the time spent developing the NBI database.
 - Anne Stocks for her invaluable assistance with the NBI Marketing plan.
 - Belrose Davidson APEX for their support at the NBI Bush Dance and Family Fun day.
 - All the other volunteers who support NBI in a range of ways over the year.
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Pittwater Volunteer Award

Alison Fielding-Smith has been nominated by NBI for a "Pittwater Volunteer Award" for her long-standing support of the NBI Peer Support Program.

As part of National Volunteer Week, Alison was invited to a special awards ceremony hosted by Pittwater Council. We congratulate Alison on this well-deserved recognition of her many years of great volunteer work.



"Conversation Day" facilitated by Families for Families

Families are invited to explore what is working and not working for them. This will then raise awareness of what families want. The day will be facilitated by Julie Simpson, the parent of a woman who has a disability and the manager of a state wide parent-driven organisation that provides support, information and person centred planning to enable families to plan and action a desirable future for their son or daughter. Topics include:

- Person centred thinking and planning - what is it?
- Self-directed funding - what does that mean for families?
- What families need to do to get ready.
- How this happens in the United Kingdom and parts of Australia.
- How do families partner with services to make change?
- Where should families be the lead partners?
- Do families need an Action Group to change the disability sector?

To RSVP, email Rita Kolano (parent of a youth with a disability) at apollo@aapt.net.au or phone 0416 017 544.

Information courtesy of Warringah Disability Newsletter.

TADNSW Technical Aid to the Disabled - "Can we help you?"

Do you know what TAD does?
Do you know how TAD can help you?

TADNSW is holding two information sessions to share what their service can offer. Each session will run for approximately one hour.

When : Tuesday, 23 June - one session starts at 1pm and the second starts at 3pm.

Where : The Multifunction Room, Warringah Mall Library. (The same floor as the Hoyts Cinema.)
Enter via carpark off Old Pittwater Road, Brookvale.

To RSVP, email bandg@three.com.au or phone 9416 6079. If this date is not suitable, please register your interest so TAD can inform you of future sessions.



Free Speakers Night for Parents of Teens with a Disability

Parents/carers of teens aged 11-16 in the Northern Beaches are invited to hear Dr Fiona Martin, registered child psychologist specialising in autism spectrum disorder, speak on "Preparing for the Teenage Years - When your child/teenager has a disability/disorder" (such as autism, Aspergers Syndrome, ADHD and/or a learning disability).

Topics include : adolescent development, including specific issues for a teenager with a disability/disorder; strategies on how to handle the changes and getting information and support. Handouts will be available and there will be time for questions.

When: Wednesday, 3 June - 7pm-9pm

Where : Warringah Mall Community Room (above the Mall Library and Hoyts Cinemas), Brookvale

Bookings are essential - please call, YouthLinx of Warringah Council on 9942 2681 or email, leaving a contact phone number to youthlinx@warringah.nsw.gov.au.

Part of the YouthLinx Program of speaker nights. Funded by the Department of Education, Employment and Workplace Relations (DEEWR) and Warringah Council.

Information courtesy of Warringah Disability Newsletter

Early Childhood Information and Support Services

For parents of children under 5 years with additional needs.

Come and hear about services and opportunities for children with additional needs in your local area.

These include :

- pre-schools and kindergartens
- playgroups
- ideas for play
- therapy services
- early intervention services
- family support services
- respite
- family day care

Two services will present information on this day :

- **Inclusion Support Service** will discuss how to find suitable childcare for your child.
- **Cubby House Toy Library** will present their 'Top 10 Toys' and discuss the benefits of play for children's development.

When : 11am - 12.45pm, Monday, 22 June 2009

Where : Narraweena Youth and Community Centre, East Hall, Ocean Street, Narraweena

Childcare will be provided on site (at Kookaburra Playgroup). Qualified and experienced child care staff and a variety of great activities will be available. Refreshments will also be provided.

Bookings essential.

To RSVP, please call Warringah Council on 9942 2686 or email janzm@warringah.nsw.gov.au and leave your contact number.

Sexuality and Intellectual Disability

Parents, carers and staff working with people who have intellectual disability are invited to hear Family Planning NSW on issues regarding sexuality and intellectual disability.

Topics include: myths and barriers, personal value systems, models of sexuality, safe sex, masturbation, public versus private behaviours, educational resources and useful strategies on how to educate people with intellectual disability about sexuality. The focus is on normalising positive sexuality.

When : Wednesday, 10 June - 9.30am-2.30pm

Where : B2, 11 Hudson Avenue, Castle Hill NSW 2154

Cost : Free for parents/family of someone with an intellectual disability from the Cumberland Prospect area, \$27.50pp for paid industry staff and parents/family outside the Cumberland Prospect area. The fee covers the cost of catering provided on the day

For a registration form, please call Benjamin Fulham of Interaction Disability Services on 1300 668 128, email b.fulham@interactiondisability.com or fax 1300 131 665. Training and Behaviour Intervention Support Service (TABISS).

Information courtesy of Warringah Disability Newsletter

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